



Jagruti



Official Publication of The Hindu Temple and Heritage Hall of Toledo

Volume 4 August 2004

www.ToledoTemple.org

Temple Hours

Tuesday - Friday : 5:00 pm to 8:00 pm

Saturday & Sunday : 9:00 am to 2:00 pm

Arati : Daily 7:00 pm



Temple Address

The Hindu Temple of Toledo,

4336 King Road,

Sylvania OH 43560. Ph /Fax: 419-843-4440

Tax ID #34-1370076

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15th Annual Festival of India

August 13 - 15, 2004

This year, the 15th anniversary of the Hindu Temple and Heritage Hall of Toledo is being celebrated on a grand scale. Several religious functions, cultural activities by the community's children, and mouth-watering Indian cuisine have been planned for this year's Festival of India. The festivities will be held at the Hindu Temple in Sylvania on August 13th, 14th, and 15th. The program is as follows:

Friday 8/13/04:

06:00pm

- Ganesh Puja; Coordinator - Leena Jhunjunwala

07:30pm

- Dinner (Tickets \$15/adults, \$10/students, \$5/children 5+ years (ticket price includes evening entertainment)

09:30pm

- Entertainment By Narender Seth and group.

Program for children during puja and entertainment is being planned.

Saturday 8/14/04:

08:30am

- Srinivasa Kalyanam/Venkateswara Puja (Coordinators - Sukesini Raghuvver & S. Subba Rao)

11:00am

- Vendor stalls open until 7:00pm

11:30am

- Satyanarayana Puja; Coordinator - Surendra Matani

Lunch stalls open.

12:30pm

- Aarti

01:00pm

- Lunch catered by Taj of Columbus and India Kitchen

(Drinks organized by Hospitality committee)

02:00pm

- Cultural Program Begins

03:00pm

- Address by Marcy Kaptur

03:30pm

- Cultural Program Resumes

Temple tours available all through the afternoon during breaks from cultural program.

07:00pm

- Dinner by Taj of Columbus

Tickets \$8/adults, \$5/students and children 5+ years (ticket price includes evening entertainment)

08:00pm

--Music By DJ Navin Sharma

Sunday 8/15/04:

09:00am

- Mahavir Puja; Coordinator - Pushpa Shah

10:30am

- Independence Day flag hoisting outside temple building.

11:00am

- Havan; Coordinator - Rajni Sharma

12:30pm

- Cultural Program for Independence Day

01:30pm

- Lunch catered by Tandoor of Toledo—Tickets \$5/person

President's Page

August 1, 2004

Dear members, friends, and well wishers of the Hindu Temple of Toledo,

Welcome to the Festival of India which is starting on August 13th and continues on 14th and 15th. Come and enjoy the Festival, sponsor poojas, and receive the blessings of the Lord.

This year is special! We are celebrating the Fifteenth Anniversary of our Temple. The Fifteenth Anniversary celebrations have gotten off to a great start with **Ganesha Maha Yagna** on July 18th. It was very gratifying to see the entire community participate with such devotion and enthusiasm in the performance of the Yagna. Ganesha Yagna was indeed a very auspicious start for the Anniversary and the Festival, for Hindus always start any occasion with prayer and pooja to **Lord Ganesha** seeking His Blessings for the completion of the task without any hindrance or trouble. It is our hope that we have received the Blessings of **Lord Ganesha** for this year's Festival. Our sincere and heartfelt appreciation and thanks to *Dr. Ashok Salvi* and the organizing committee of the **Ganesha Yagna** for bringing to our Temple community such a wonderful, memorable event filled with deep religiosity and emotion.

This year's festivities are being brought to you by the dedicated work of the Festival Committee, so ably chaired by *Dr. Sukeshini Raghuvir* and co-chair *Dr. Sudarshan Jetley*. A large number of volunteers are contributing their time, energies, talent in bringing out nearly three days of packed activities, programs, food, and entertainment. *Mrs. Jayasri Reddy* and her team have been working, practicing, rehearsing extra hard to bring you the cultural events on the 14th and 15th.

On behalf of the Executive Committee and myself, I am extending an invitation to you, your family and friends to the Festival of India on August 13th, 14th, and 15th. It is going to be exciting, full of activities, fun for all. Our community has worked hard to put it together and bring it to us. **So, come and enjoy the Festival-its sights, sounds, and food.**

There are many events planned for the coming months. Please look at the Temple calendar and the bulletin board.

1. On August 27th, Friday evening, we will be celebrating Varamahalakshmi pooja: Goddess Lakshmi's pooja. It is a great tradition in some parts of India to observe this on a Friday in the month of Sravan. Please sponsor the pooja, attend the pooja, and receive Lakshmi's Asheervad.

2. Seminar on Diet, Nutrition, and Exercise is on Saturday, September 11th. Come in large numbers. Not only will you get good advice but you will also be treated to a nutritious lunch! October 2nd is Gandhiji's birthday. We are planning a seminar on Peace Strategies for that day. Different religions and traditions will be represented in that seminar.

3. Swami Adhyatmananda will be visiting the Temple and giving discourses on Yoga and conducting a workshop, September 21-25.

I am very happy to note the youth of our community is actively engaged with the Temple and its activities. They did a wonderful job volunteering during the Ganesha Yagna. Thank you, the youth group. I am inviting you to contribute your thoughts, ideas, etc., in the form of articles to Jagriti. Send news items to Jagriti.

To our devotee community: We have been doing well so far. Keep up your support of the Temple in as many ways as you can.

See you all at the Festival.

Hari Om

S. Subba Rao
President

Thanks From Ashok Salvi— Event Coordinator Yagna 2004

Dear Members Of The Hindu Temple Community:

'Ganesh Yagna' and 15th year celebration was a grand success due to community involvement and the generosity of the sponsors. On this auspicious day, our community had opportunity to work and bond together further. I thank everyone involved for the support.

There are numerous individuals who have made this event successful. Subba Rao and Siva Chillapalli have worked hard. Their devotion, dedication, promptness and support were extremely important throughout. Uma Vora did outstanding job of decorating. In addition, with the dedicated help of youth, she made several 'Ganesh' frames, which were auctioned. Sudhir Rao, Shirish Shah and Prasad did excellent job with audio-visuals. Without the expertise of this team, program would not have been successful. Devotional singers worked hard and demonstrated their excellent talent. They set the proper mood for the entire program, during main ceremony and night before. Shweta Rao, Shaila Bala Tungtur and Sethu Kartikeyam performed excellent devotional dances. Several individuals donated or loaned items. I should particularly mention Sukeshini Raghuvver, Malti Kumar, Jiwan Gupta and Kalpana Agrawal. I must mention Arvind Shah, Sujata Hegde and Kewal Mahajan for their input. I discussed ideas with them and received timely and wise feedback. Vijay and Shashi Goyal did a wonderful job of decorating Havan Kunds. I sincerely want to thank UT students who spent entire night in the tent guarding arrangements and admire all UT volunteers for the hard work. Adult volunteers, youth volunteers and Hospitality Committee members did their part as a well-oiled machine. Special thanks to Ajit Jaggi, Jayant Bekal and Savita Jindal.

Temple means many things to community. Several 'Forum' speakers presented those views and highlighted the significance of Temple to us. This thank you note will not be complete without mentioning our dedicated Priest, Anantkumar Dixit for leading the team of Priests and conducting a pious ceremony. Pundit Doobay from Canada gave us intellectual insight into philosophical and ritualistic meaning of 'Yagna' and his comments during the entire process were uplifting.

I may have forgotten some of the names. If so that is totally unintentional. I take this opportunity to thank and recognize the following individuals who have made generous contributions to make this Ganesh Yagna possible and successful.

Ashok Salvi.

Hindu Temple of Toledo Sponsors List Ganesh Yagna - Sunday July 18, 2004

	First Name	Last Name	Amount Pledged
<u>\$1,001 Sponsors</u>			
1	Ashok and Meera	Agarwal	\$ 1,001
2	Steve and Neerja	Jindal	\$ 1,001
3	Srini and Rashmi	Heejibu	\$ 1,001
4	Sukeshini	Raghuvver	\$ 1,001
5	Subba and Manorama	Rao	\$ 1,001
6	Damodar and Swarna	Reddy	\$ 1,001
7	Narendranath and Anisha	Lakshmi pathy	\$ 1,001
8	Supriya and Jyoti	Chakravarty	\$ 1,001
9	Kulbushan and Manju	Gupta	\$ 1,001
10	Rohit and Rekha	Trivedi	\$ 1,001
11	Arwind and Bindu	Mistry	\$ 1,001
12	Navin and Juhi	Jain	\$ 1,001
13	Prem and Anita	Tandon	\$ 1,001
14	Rajiv and Meena	Naik	\$ 1,001

Thanks From Ashok Salvi— Event Coordinator Yagna 2004 (Cont'd)

	First Name	Last Name	Amount Pledged
<u>\$501 Sponsors</u>			
1	Ashok and Usha	Salvi	\$ 501
2	P. K. Choudahari and Bina	Choudhari	\$ 501
3	Vivek and Charu	Trivedi	\$ 501
4	Raj and Bhawna	Bhatia	\$ 501
5	Siva and Sharmila	Shetty	\$ 501
6	Siva and Revathi	Chillapalli	\$ 501
7	Supriya	Raghuvveer	\$ 501
8	Kewal and Neerja	Mahajan	\$ 500
9	Vijay and Ajay	Mahajan	\$ 501
10	D S and Saroja	Rao	\$ 501
11	Sudhir and Rama	Rao	\$ 501
12	Konda Mouli and Padmja	Konda	\$ 501
<u>\$251 Sponsors</u>			
1	Chiranji and Kalpana	Agrawal	\$ 251
2	Mukesh and Asha	Pitroda	\$ 251
3	Binod and Kalyani	Thakur	\$ 251
4	Anant and Lata	Labsetwar	\$ 251
5	Manish and Revati	Thusay	\$ 251
6	Yogesh and Smita	Patel	\$ 251
7	Pratap and Kiron	Torsekar	\$ 251
8	Ajith and Archana	Pai	\$ 251
9	Kiran	Rai	\$ 251
10	Kiran and Mithilesh	Tamarisa	\$ 251
11	Sujata	Hegde	\$ 251
12	V. N. and Vimala	Krishnan	\$ 251
14	Adinarayana Shastri	Varanasi	\$ 251
15	Vinod and Madhu	Bhandari	\$ 251
16	Arun and Hema	Patel	\$ 251
17	Jagdish and Leena	Jhunjunwala	\$ 251
18	Subhash and Kamlesh	Kwatra	\$ 251
19	Sumitra	Reddy	\$ 251
20	Nerur G. and Malini	Satish	\$ 251
21	Krishniah. and Jyotsna	Garlapati	\$ 251
22	Gulshan and Prem	Malhotra	\$ 251
23	Sasidhar and Kalpana	Varanasi	\$ 251
24	Ramkrishna	Puligandla	\$ 251
25	Sarma and Rama	Katrapati	\$ 251
26	Lakshman and Suvarna	Bhandaru	\$ 251
27	Mahesh and Sampada	Dalvi	\$ 251
28	Prasoon and Meera	Goyal	\$ 251
29	Krishna and Veni	Raghothaman	\$ 251
30	Rajesh and Beena	Laungani	\$ 250
31	Rajesh and Bina	Parekh	\$ 251
32	Om and Rajni	Sharma	\$ 251
33	Vidhyasagar and Santosh	Mehta	\$ 251
34	Ramesh and Dipika	Shah	\$ 251
35	Atul and Bhawna	Bhatia	\$ 251
36	Jay and Prafulla	Galani	\$ 251
37	Hasmukh and Jotsna	Patel	\$ 251
38	Manju	Bajpai	\$ 251
39	Sukumar and Manua	Warrier	\$ 251
40	Prem and Sudha	Agrawal	\$ 251
41	Harish and Pragna	Pandhi	\$ 251
42	Ram Mohan and Annpurna	Rao	\$ 251
43	Kesari and Candace	Sarikonda	\$ 251

Announcements and Events

If you have any news or other information you would like to share with the rest of the community, please e-mail to Siva Chillapalli at siva@umesatech.com. Make sure the information is formatted and syntax checked prior to forwarding.

The Hindu Temple And Heritage Hall of Toledo Proudly Presents

HERITAGE SEMINAR #3 –“Diet , Nutrition and Exercise”

Saturday September 11, 2004

9:00 to 12:00 Noon

Hindu Temple of Toledo, Sylvania OH 43560

Seminar Objective

Good nutrition and exercise are essential for maintaining proper weight and good health. This seminar is to help the community understand and become aware of how to choose a good diet for themselves and their families right from the start. The seminar also aims to educate the community about exercising properly.

Moderators: Manorama Rao, Ph.D. and Savita Jindal, MS, RD, LD.

SCHEDULE

Time	Speaker	Topic / program
9:00—9:05 am	Pundit Anantkumar Dixit	Invocation & Tribute to 9/11 Disaster victims
9:05—9:10	Dr. G. B. Mehta Dr. Manorama Rao	Co-Chair, Seminar Committee Welcome and Introduction
9:10—9:25	Dr. Bhawna Bhatia	Nutrition in Infants and Children
9:25—9:40	Dr. Annu Goel, DPM	Exercise and injury prevention
9:40—9:55	Trish Tavernier Finken	Prevailing metabolism and body fat
10:00—10:10		BREAK
10:15—10:45	Shirley Joseph, BA, RYT	Whittle down your middle with Yoga.
10:45—11:15	Savita Jindal MS, RD, LD	Weight loss and Diet craze
11:15—11:45	Manorama Rao & Savita Jindal	Panel discussion and closing remarks
11:45—11:55	Dr. S. Subba Rao President, Hindu Temple of Toledo	Announcement of 2nd October peace conference and Vote of Thanks—
12:00		Nutritious Lunch

***Important Note:** There will be a display of nutritious dishes prepared by the community members. Those who would like to participate will present their preparation along with the recipe card, on the plates provided by the seminar committee. Later, these recipes will be compiled into a booklet with nutritional information.

Membership Dues For 2004

Dear Friends:

The membership committee had made several pleas to you over the past several months asking you to send in your dues for the year. It is only through your membership contributions are we able to bring you such well conducted religious ceremonies such as the Ganesha Yagna and the upcoming Festival of India. If you enjoy attending the temple every week with your family and have not paid your membership dues yet, I urge your to fill in the application form below and mail a check for \$150 to the Hindu Temple of Toledo without further delay.

Siva Chillapalli
Membership Committee

Please fill-in the information below and mail this form along with a check to the temple address provided below. *Please make sure you include your e-mail address when you return the form.

- I am a new member. (\$150) I am a renewing general member. (\$150)
 I am a renewing board member. (\$250)

Your Name:
Spouse's Name:
Children's Names
Address:
City: State: Zip:
Phone (Home) Phone (Mobile)
E-Mail Address*:

Mail this completed form along with a check for \$150 to The Hindu Temple, 4336 King Road, Sylvania, OH 43560. Checks must be made payable to Hindu Temple of Toledo.



A nnouncements and Events (more)

Sandip Mehta, son of Dr. Gunavant & Ila Mehta recently graduated from the Maxwell School of Citizenship and Public Affairs at Syracuse University. SU is the highest ranked school in the United States for the study of Public Administration. He has earned a Master in International Relations and a Master of Public Administration with focuses on Global Information Policy, Foreign Policy, National Security, and International and Developing Administration. In 2003-04 Sandip was also named the Maxwell School Student Marshall and received the Foreign Areas Studies Fellowship from the U.S. Department of Education for his research on South Asia. Sandip will be moving to Washington, DC in the next few months and working for the Federal Government as a Presidential Management Fellow.

Avva' Kitchen Ad



Jagriti

The Hindu Temple of Toledo
4336 King Road
Sylvania, OH 43560

To

The Role of Seniors in Our Community - By Raj Joshi

Our religion defines the four ideal stages of life (asrama) each with its own duties. The first of these is Studentship (brahmacharya), the second one is householder ship (grihasthya), the third one is forest dwelling (vanaprasthya), and last one is reunification (samnyasa). Now a days most of us understand and perform the first two stages of life very well.

Once our children are grown and we are retired we need to spend some time in community service. In western culture, the retirement life is called the golden years. Most westerners prepare for retirement. The retirement life should be enjoyable and stress free. We all have free time but the choices we make may or may not be the right ones. Most westerners not only prepare themselves financially, but they prepare themselves on how they spend their time effectively, such as having hobbies and spending some time for community services. There are several community services available such as Meals on Wheels, House of Habitat, hospices, hospitals, the International Institute, or Right to Read program etc.

Today, I would like to talk to you about how you can help our community and take part in temple activities. Some of us do provide community service and help our temple activities but I feel if we are organized we can be more effective. Last year we few retirees started a senior citizens group, but attendance and response were poor. We considered some of the following proposed projects:

- Assist a family during sad occasions, such as sickness or death.
- Assist an unemployed person by utilizing our expertise.
- Assist in our youth / student activities.
- Assist new comers in our area (welcome wagon)
- Participate in other community services.
- Participate in community projects in India.
- Help our senior citizens coming from India
- Schedule religious trips and /or other social activities.

We tried to find out why other senior citizen groups in this area are flourishing and ours have difficulty. Is it because of size, proposals, culture, and/or leadership? We would like to have your input & more active participation so that we can improve and try again. I feel we seniors have time, energy, and knowledge to help not only Indian community but also other local communities. I personally thank the organizers for allowing me to express my thoughts.

Visit www.ToledoTemple.org often for new and more information